



Epiphany of Our Lord Catholic Church

6596 Smiley Avenue
St. Louis, Missouri 63139

STAFF

Pastor

Rev. Thomas M. Pastorius
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Deacon

James Tetreault
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Music Director

Elizabeth Svancarek

Plant Manager

John Ellison
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Parish Secretary

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MASS & SACRAMENTS

Sunday Masses: 8:00 & 10:30 am

Weekday Masses Monday, Wednesday

Thursday, Friday & Saturdays: 8:00 am

Tuesday Morning Prayer: 8:00 am

Tuesday Mass: 5:30 pm

Saturday Masses 8:00 am and 5:00 pm

Sacrament of Penance: Saturday,
7:00-7:50 am or by appointment.

Tuesdays, 5-5:20 pm

Baptisms: Meeting first Thursday of the
month. Preregistration required.

Marriages: Contact the priest at least 9
months prior to the wedding date.

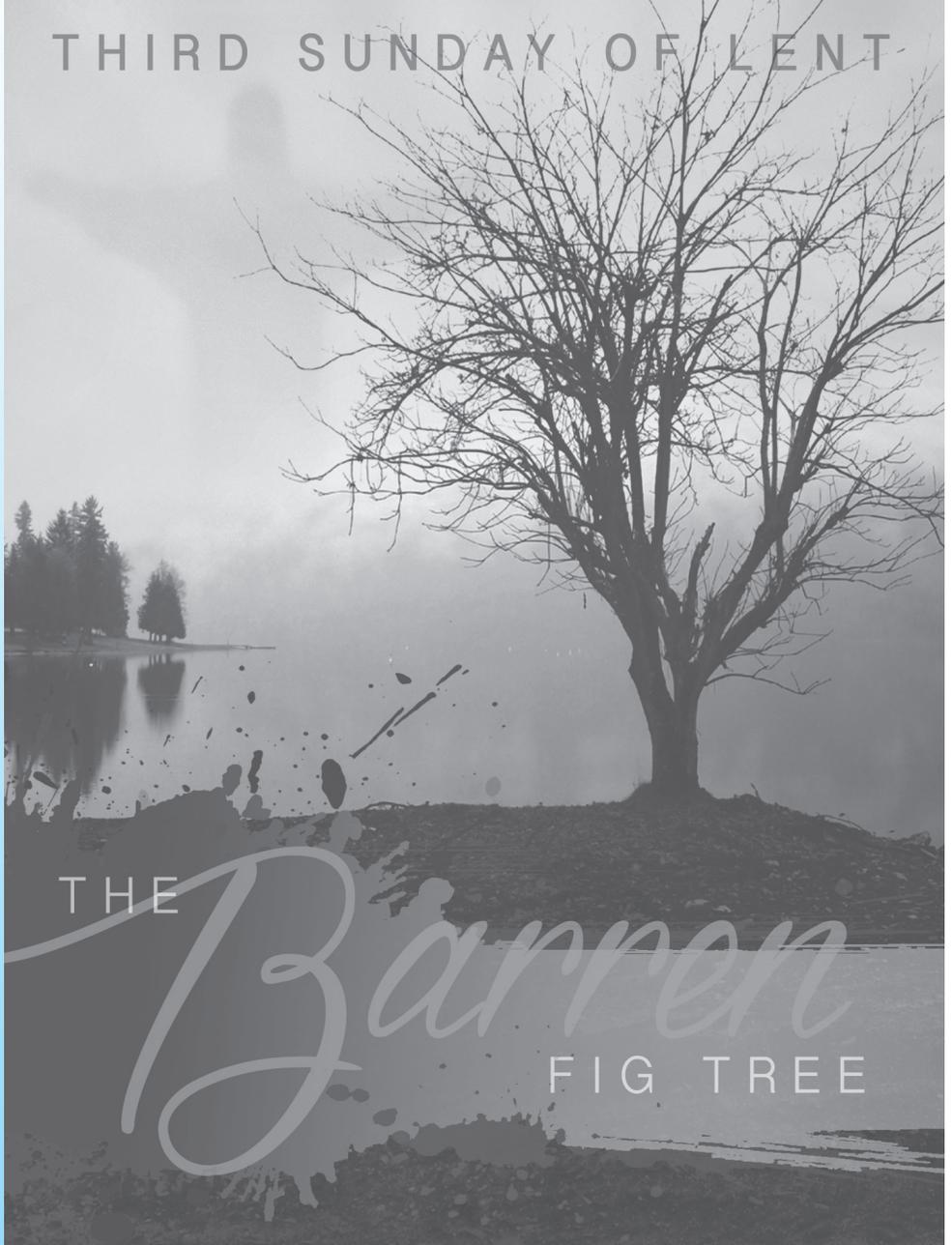
Funerals: To be arranged by contacting
the Parish Office.

Change of Address or Telephone

Number: Please call the Parish Office.

Bulletin Deadline: 4:00 pm Monday.

THIRD SUNDAY OF LENT



**Third Sunday of Lent
February 28, 2016**

Phone: 314-781-1199

Fax: 314-645-8760

Sacramental Emergency After Hours Line: 314-260-6261

From the Desk of Fr. Thomas Pastorius,

1. Faith and Family Programming For Tuesday March 1, 2016

First Tuesday: Blue Knights, Little Flowers, Chosen Confirmation Class, & Pillars of the Faith at 6:30.

Second session of Gifts and Talents at 7 PM.

2. A Shout Out!!!

I would like to give a shout out to all the fish fry volunteers who helped to make our parish fish fry so great.

4. Everyone Needs to Forgive Somebody Classes

Due to a lack of attendance there will not be an evening session of this class. The Wednesday morning session will continue.

5. Fish Fry Season

How do fish always know how much they weigh? Because they have their own scales. Our parish fish fries are way better than my bad fish jokes. Our next Fish Fry will be March 4th from 4:30-7 PM. Someone from another parish told me that our fish fry was rated #2 in the city according to one local newspaper. I have no trouble believing that our food is great and our people are awesome!!!

God bless,
Fr. Tom

Pro-life “Chastity also includes much more than just waiting until marriage to have sex. ...It means loving the way we’re created to love—respecting our sexuality and living it out as we’re meant to.” – “10 Surprising Tips For Love The Culture Won’t Tell You” (www.goo.gl/PAIjMD) USCCB Secretariat of Pro-Life Activities

Stewardship “He said to the gardener, ‘For three years now I have come in search of fruit on this fig tree but have found none.’” (Luke 13:7) Are you like the barren fig tree? How will you respond when God asks you what you have done with all the gifts He has given you? Remember, not only are we called to be generous, we are called to develop and nurture our gifts and return with increase.

3rd Sunday of Lent *Lectionary: 30 Gospel* [Lk 13:1-9](#)

Scripture Reflection: Faith is not an insurance policy that if we fulfill our obligations then bad things will not happen to us. God has decided that this world was the best world that He could make because it included love. In order to include love He had to include free-will and in including free-will He had to allow us to choose evil. God, therefore, does not promise if we are faithful to Him that bad things will not happen to us, but rather He will always bring good out of the bad for us. He is with us in our suffering. Will we let Him help us?

Reflection Questions:

1. Why is their evil in the world?
2. Why do bad things happen to good people?
3. Are you producing good fruit?
4. What happens when you turn away from love?
5. What are some images that help you have hope when bad things happen?

Beyond Sunday Campaign

Lent provides an opportunity to strengthen our devotion to God through prayer, fasting and almsgiving. Please prayerfully consider this time to make a current or planned gift to the Roman Catholic Foundation of Eastern Missouri for our parish which in the future will strengthen the ministry of our Catholic community and keep our faith alive in the generations to come. Contact Michael Weisbrod, Gift Planning Officer at the Roman Catholic Foundation, at (314) 918-2893 or michael.weisbrod@rcfstl.org to learn more about this opportunity.

Marriage Encounter “We no longer celebrate our wedding anniversary once a year. Since our Marriage Encounter weekend, we celebrate every day!” A quote from a couple who recently has made a Marriage Encounter weekend who wanted more sparkle and glow in their relationship. Weekends are available on April 22-24 and August 5-7. You can call 314.649.7317 or apply on line at www.stl-wwme.org.

Caring for the Caregiver Are you caring for a loved one or do you expect to be giving care in the near future? Caregiving can be a unique privilege that comes with unique challenges. LASM is launching a 5-week *Caring for the Caregiver* workshop series to provide information and resources. The workshops will be held from 1-3 pm in Memorial Hall of Southwest Baptist Church (6401 Scanlan). The first hour will feature a guest speaker addressing a care giving related topic and the second hour will offer a fun/relaxing activity to help relieve caregiver stress. Contact the LASM office (647-4591) to make reservations to attend them all or select the sessions you will attend.

Sundays:

- April 3rd** Part 1: Understanding Home Care and Long Term Care Options
Part 2: Therapeutic Horticulture
- April 10th** Part 1: Being Legally Prepared for Caregiving
Part 2: Chair Massage/Healing Touch
- April 17th** Part 1: Difficult Conversations: How to Talk to Loved Ones about Care Needs & Wishes
Part 2: Laugh for the Health of It
- April 24th** Part 1: Coping with Memory Loss and Confusion
Part 2: Progressive Muscle Relaxation
- May 1st** Part 1: Panel Discussion: Caregivers and Care Receivers Share Their Experiences
Part 2: Connecting through Music

Spiritual Ponderings

21 Undeniable Secrets of Marriage

Let us continue looking at Dr. Allen Hunt's book: *The 21 Undeniable Secrets of Marriage* to discover insights not only into marriage but into relationships in general. Quotes from his book will be in bold and my commentary will be in regular font.

09. **The Secret of Ages and Stages: The only constant in your marriage will be the two of you and the fact you are changing as people and as a couple.**

The fact remains that you and your spouse will change over time, and that process requires attention. The goal is to share experiences and change together. But reality teaches that this is not easy.

There are two factors that bring about change in marriage. The first is time. Time changes us as we get older and have more experiences and have the chance to develop greater illnesses etc. The second should be our desire to become a better person. I hope that I am a better priest now than I was on the day of my ordination. Sometimes the second thing that changes us is complacency. We stop trying to get better and we start developing bad habits.

Change is hard. When the grace of God is involved in that change, the process becomes even more difficult. Flannery O'Connor's wise words ring true: "All human nature vigorously resists grace because grace changes us and change is painful."

Being treated for depression in high school, college, and even as an adult was hard for me because I had to admit that I had not figured everything out and that I needed help. There was a giant part of me that wanted to avoid dealing with those issues. I chose to deal with those issues because I wanted to be the best person that I could be for my family (and the people of God that I wanted to serve). Learning to live a new way of life was hard but it was worth it.

Patience enables you to endure change. In fact, it allows you to thrive through change because you know that your spouse is always changing and your relationship is always evolving. The ages and stages of marriage become something you anticipate rather than dread. Patience helps you look eagerly ahead to what God will do next rather than resenting that your spouse has added a few pounds here and there or no longer likes to go camping like she used to.

10. **The Secret of the Bed: If being together bothers you, your marriage has entered the danger zone.**

Nearly one in four American married couples no longer share a bed. Home builders report a growing increase in requests for separate master bedroom suites and expect such requests eventually to become the norm for new homes. Sometimes that is for health reasons such as sleep apnea, snoring, or restless legs. I think the wisdom behind this secret is that married couples have to seize every moment of togetherness they can even if it is while one is a sleep. If one cannot share one's bed with their spouse or you are trying to strengthen another relationship other than that with your spouse look for other ways to spend ordinary time with that person. Go shopping together, ride along in the car with them as they run errands, or watch them play a sport. Spend time together.

11. **The Secret of Priorities: Every marriage will face a turning point.**

Life is about priorities. Love is about priorities. And a marriage thrives when it embraces the secret of priorities. Show me your calendar or phone and I'll show you your priorities. When you make time for something, it becomes your priority. Where you invest your time is where you are investing yourself. Show me your bank statement and I'll show you your priorities. When you spend money or give money, your heart becomes attached and that project or item becomes a priority.

Here is a moment of honesty and vulnerability to me. Do you know what hurts me the most? When someone who I consider a good friend does not take time to even call or when I throw a party and invite friends and people don't show. I can only imagine how damaging this is in a marriage or other important relationship. I talk to my mother every day for ten to fifteen minutes. This is a priority for me because I love her. I have lost contact with other friends because I did not make them a priority and we have lost touch over the years.

Lenten Day of Recollection Parishioners, their guests, and all throughout the Archdiocese are invited to join Archbishop Robert Carlson, Bishop Robert Hermann, and the clergy of the Cathedral Basilica of St. Louis for a Lenten Day of Recollection on Saturday, March 5, 2016. This special day of reflection, recollection, and reconciliation begins at 10:00 am, and includes two spiritual conferences, the morning conference led by Archbishop Carlson, the afternoon conference by Bishop Hermann. Each conference will be followed by exposition of the Blessed Sacrament and an opportunity for the Sacrament of Reconciliation. The day will end with evening vespers at 4:30 pm and the celebration of Mass at 5:00 pm. All conferences and prayer will be held in the Cathedral Basilica, with lunch provided for all in Boland Hall. This gathering is free (good will offerings to help offset the cost of lunch will be gratefully accepted). Though a free event, organizers request advance registration to properly prepare for lunch. To register or for additional information, please contact Laura Voegelin at 314-373-8208.

LITURGIES & SCHEDULES

MASS INTENTIONS FOR THE WEEK

Third Sunday, February 28

8:00 am Katie Bach
10:30 am Parishioners

Monday, February 29

8:00 am Brother Bernard Zacheis

Tuesday, March 1

8:00 am Morning Prayer
5:30 pm Special Intention NH

Wednesday, March 2

8:00 am Mary Huemann

Thursday, March 3

8:00 am Pat Campbell

Friday, March 4

8:00 am Osmack

Saturday, March 5

8:00 am Patrick Booker
5:00 pm Sr. Paul Distler, S.J.

Fourth Sunday, March 6

8:00 am Parishioners
10:30 am Special Intentions VW



PLEASE PRAY FOR THE HOMEBOUND & SICK OF OUR PARISH

Ethan Strauss	Ethan Sonderman	Mary Hipskind
Pat Wallis	Chris Perron	Dominic Caputa
Daniel Barr	Kathy Nielson	Christine Weber
	Dorothy Tetreault	

READINGS FOR THE WEEK OF

Sunday: Ex 17:3-7/Ps 95:1-2, 6-9/Rom 5:1-2, 5-8/
Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
Monday: 2 Kgs 5:1-15ab/Ps 42:2-3; 43:3-4/Lk 4:24-30
Tuesday: Dn 3:25, 34-43/Ps 25:4-9/Mt 18:21-35
Wednesday: Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/
Mt 5:17-19
Thursday: Jer 7:23-28/Ps 95:1-2, 6-9/Lk 11:14-23
Friday: Hos 14:2-10/Ps 81:6-11, 14, 17/Mk 12:28-34
Saturday: Hos 6:1-6/Ps 51:3-4, 18-21/Lk 18:9-14
Next Sunday: 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-6/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

The St. Joseph Altar will take place on March 13, 2016 at St. Ambrose Parish on the Hill in St. Louis. There will be a Mass in Italian in St. Ambrose Church at 11:00 am. The feasting will begin around 12:30 in the school cafeteria and gymnasium. We will have specially prepared breads, baked goods and Italian delicacies for sale all day, and there will be music and entertainment. We will have a buffet with generous samples of delicious pastas and other dishes from the local restaurants. Admission is free, but a donation is requested for the buffet. For more information see stambroseonthehill.com. The church address is 5130 Wilson Ave., St. Louis, MO 63110.

OUR PARISH THIS WEEK

Monday - Saturday February 29 - March 5

- 7:30 am - Rosary, Church

First Friday, March 4

- 8:30 am - Exposition & Adoration, Church

Sunday, February 28

- 9:00 am - Bible Study, AR
- 9:15 am - Little Lambs, RBF
- 9:15 am RCIA, CMR
- 10:30 am - Liturgy with Children, RBB

Monday, February 29

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 5:30 pm - Fit Factor, UH
- 7:00 pm - Boy Scouts, Upper Hall

Tuesday, March 1

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 10:00 am - 12 Noon - Spiritual Gift Seminar, CMR
- 6:30 - Blue Knights, Little Flowers, Chosen Confirmation Class, UH
- 6:30 pm - Pillars of the Faith, CMR

Wednesday, March 2 Happy Birthday Michael!

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 9:00 am - Forgiveness Classes, CMR
- 5:30 pm - Fit Factor, UH
- 6:30 pm - Bells Practice, Church
- 7:30 pm - Choir Practice, Church

Thursday, March 3

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 7:00 pm - Lenten Bible Study Group, CMR
- 7:00 pm - Baptism Mtg., CMR
- 7:30 pm - Prayer Group, Church

Friday, March 4

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 3:30-6:30 pm - Dance, UH
- 4:30 - 7:00 pm - Fish Fry, Gym

Saturday, March 5

Sunday, March 6

- 9:00 am - Bible Study, AR
- 9:15 am - Little Lambs, RBF
- 9:15 am RCIA, CMR
- 10:30 am - Liturgy with Children, RBB
- Noon - Liturgy Committee Mtg., CMR
- 1:00 pm - First Reconciliation, Church

Blood Drive March 19th from 11 am - 3:00 pm
at Amvets Club, 2718 Clifton Avenue



PARISH COMMUNITY NEWS, NOTES & EVENTS



EASTER EGG HUNT CANDY AND TOYS NEEDED

It is that time of year again, and we are asking for donations of candy (we already have plenty of eggs). We would also like to offer some toy prizes if anyone would like to donate small toys, coloring books, bubbles, or the like. (No stuffed animals please.) If you would like to help, just drop off the goods at the Epiphany Parish Rectory between now and March 20. Thanks for all the help!

Ladies Guild News The regular meeting will be held on Wednesday, February 24th at 11:30 am in the Assumption Room. We will be serving soup, dessert, and refreshments. This month we will celebrate birthdays in the months of January, February and March. For our entertainment we will play "Rob your Neighbor". Please bring a \$1.00 gift that is wrapped.

Congratulations to our Men's Club February Alpha Square Winners:

\$100	Carmen Serano	(I21)
\$25	Andrea Parham	(I20)
\$25	John Huber	(I22)
\$25	Judy Hof	(H21)
\$25	Ken Brockmeier	(J21)

WOMEN'S RETREAT White House Jesuit Retreat has several upcoming retreat opportunities for women. Spend 3 days on the beautiful 80-acre White House campus high on the bluffs above the Mississippi River in South St. Louis County. Retreats at White House are based on the Spiritual Exercises of St. Ignatius. They are silent, guided retreats and there is no set fee to attend. White House operates on a free-will offering basis, requiring only a \$50 deposit to register. All meals and private lodging are included. It's like a vacation with Christ! Upcoming retreats with space: March 14-17, April 4-7, May 19-22, May 26-29. For more information: www.whretreat.org or 314-416-6400

OUR OFFERING FOR THE WEEK OF FEBRUARY 20-21, 2016

Sunday Collection

General Fund	\$4,932.74	
General Fund Loose	\$225.62	
General Fund Online ..	\$2,206.00	
Total	\$7,364.36	
Easter	\$5.00	
Easter Flower	\$95.00	
Holy Land	\$5.00	
Maintenance & Repair	\$30.00	
Priest Retirement	\$25.00	
Votive	\$50.00	
Debt	\$10.00	
Debt Online	\$30.00 \$1,735.00(YTD)
Tuition Assistance	\$45.00\$681.00(YTD)
Endowment Fund	\$ \$(YTD)



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Mark your calendars for our upcoming Lenten Fish Fry Dates:
March 4th & 11th.



Dogtown Day Trip A few spaces remain on Lindewood Area Senior Ministry's trip to Dogtown on the week of St. Patrick's Day. Our hosts, Joe DeGregorio and Johnnie Corbett (President of the Dogtown Historical Society) will provide the rich history of this neighborhood, with a few twists and turns along the way. Included is a tour of St. James the Greater Catholic Church with an organ-Irish themed concert, a riding tour, a visit to an authentic Irish gift store and lunch at Seamus McDaniel's. So if you really want to know how Dogtown got its name, come join us for an informative and entertaining day. **Monday, March 14th** from 9:45 am to 1:45 pm. Bus will depart from the upper parking lot of Southwest Baptist Church, rain or shine. Cost is: \$30 per person (lunch not included). Reservations: Katie at 647-4591.

Woman's Place presents Building Boundaries

A free workshop for women

Saturday, March 19, 9:30-11:30am at

8300 Morganford Rd 63123, behind St. Mark Church.

Learn how one's boundaries are shaped and ways to create personal boundaries of your choosing. Open to all women. Pre-registration is required by calling 314-645-4848. Woman's Place works to end violence against women by providing compassionate crisis intervention, facilitating women's transition to safety and healing, and educating the community.

Serving the community from two locations:

8300 Morganford Rd in Affton and
4116 McClay Rd in St. Charles

Made possible by donations, grants and our on-going cell-phone collection.



Where women find safety, hope & healing
www.womansplacestl.org