



Epiphany of Our Lord Catholic Church

6596 Smiley Avenue
St. Louis, Missouri 63139

STAFF

Pastor

Rev. Thomas M. Pastorius
fathertompastorius@gmail.com

Deacon

James Tetreault
jttetreaultepiphany@gmail.com

Pastoral Associate

Michael Rennier
michaelrennier@gmail.com

Music Director

Elizabeth Svancarek

Plant Manager

John Ellison
johnellison11@aol.com

Parish Secretary

Trish Nerviani
trishnerviani@aol.com

MASS & SACRAMENTS

Sunday Masses: 8:00 & 10:30 am

Weekday Masses Monday, Wednesday
Thursday, Friday & Saturdays: 8:00 am

Tuesday Morning Prayer: 8:00 am

Tuesday Mass: 5:30 pm

Saturday Masses 8:00 am and 5:00 pm

Sacrament of Penance: Saturday,
7:00-7:50 am or by appointment.

Tuesdays, 5-5:20 pm

Baptisms: Meeting first Thursday of the
month. Preregistration required.

Marriages: Contact the priest at least 9
months prior to the wedding date.

Funerals: To be arranged by contacting
the Parish Office.

Change of Address or Telephone

Number: Please call the Parish Office.

Bulletin Deadline: 4:00 pm Monday.

First Sunday of Lent

The devil said to him, "All this will be yours, if you
worship me." Jesus said to him in reply, "It is written:

*You shall worship the Lord, your God,
and him alone shall you serve."*

— Lk 4:6a, 7-8



Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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First Sunday of Lent February 14, 2016

Phone: 314-781-1199

Fax: 314-645-8760

Sacramental Emergency After Hours Line: 314-260-6261

www.epiphanystl.org

LIVING OUR FAITH

From the Desk of Fr. Thomas Pastorius,

1. Spiritual Gifts Workshop is the Next Big Step In Epiphany's Parish

I would like to invite all Epiphany Parishioners to sign up for the Spiritual Gifts Workshop that will be taking place on Tuesday February 23rd and March 1st. Morning Session will be from 10 AM to 12 Noon and the evening session from 7-9 PM. These sessions will help us understand what our gifts are and how we can use them to build up God's kingdom. Please R.S.V.P by calling the rectory A.S.A.P. On a scale of 1 to 10 with 10 being very important this is a 9.

2. Faith and Family Programming For Tuesday February 16, 2016

Blue Knights, Little Flowers, Pillars of the Faith, & Chosen all meet at 6:30 PM.

3. Liturgical Meeting

Thank you to everyone who took the time to come and listen to Dr. Rosenberg speak about the importance of being a liturgical minister. I am deeply grateful for all who take ministering at the Lord's altar so seriously.

4. Everyone Needs to Forgive Somebody Classes

I hope everyone has enjoyed the book "Everyone Needs to Forgive Someone" by Alan Hunt that we passed out at Christmas. Please mark your calendar now to attend a series of group discussions based on the book. Evening Sessions will be Tuesday Nights from 8-9PM (Tuesday February 16 to Tuesday March 22) and Morning Session will be Wednesday Mornings 9-10 AM (Wednesday February 17 to Wednesday March 23). If you wish to participate please read chapter 1&2 before the first class. All classes will take place in the rectory.

5. Glory Stories

We are looking for people to share what they love about Epiphany on our parish website. Please consider answering the following four questions: 1) Who are you? 2) How long have you been a member of Epiphany? 3) What do you like about Epiphany? 4) Where have you seen God at Epiphany? Please then call the rectory and sign up for a ½ slot between 10 AM and 3 PM on February 20th. Please prayerfully consider sharing your love for the parish with others in this special way.

6. Fish Fry Season

Why did the vegan go deep-sea fishing? Just for the halibut! Our parish fish fries are way better than my bad fish jokes. Our next Fish Fry will be February 19th from 4:30-7 PM.

7. Beyond Sunday Capital Campaign

I just wanted to add another word of gratitude to all who participated in the Archdiocesan Capital Campaign for Catholic Education. If anytime over the next year you would like to make a donation to the campaign please let me know. Thank you and God bless

God bless,
Fr. Tom

Black and Indian Mission Collection Today, our parish will take up the 131st Annual National Black and Indian Mission Collection. Our support of this collection helps build the Church in African American, Native American, and Alaska Native communities from coast to coast. Schools, parish religious education programs, and diocesan ministries depend on your generosity to help them spread the Gospel of Jesus Christ! You can help meet unmet needs with a generous contribution today. Thank you for your support!



EASTER EGG HUNT - CANDY AND TOYS NEEDED It is that time of year again, and we are asking for donations of candy (we already have plenty of eggs). We would also like to offer some toy prizes if anyone would like to donate small toys, coloring books, bubbles, or the like. (No stuffed animals please.) If you would like to help, just drop off the goods at the Epiphany Parish Rectory between now and March 20. Thanks for all the help!

First Sunday of Lent Lectionary: 24 Gospel [Lk 4:1-13](#)

Scripture Reflection: A priest that I met while studying for a certificate in Spiritual Direction is fond of saying that the devil only has two lies. The first lie is that "you are not good enough," and the second lie is that "you are alone." All temptations boil down to these two lies. God though has promised that we can do all things with Him and that He is Emmanuel "God with us." Thus making the devil the "father of lies."

Reflection Questions:

1. What temptation of the devil in the Scripture would you have given into the easiest?
2. What temptation of the devil would have been the easiest to resist?
3. Which one of the two lies do you give into the most?
4. Why was it important for Jesus to be tempted?
5. Why was it important for Jesus to do things Father's way?

I always start off reading books about marriage in order to improve my marriage preparation programs and marital counseling skills but I always learn so much about relationships in general. This was, once again, true as I read Dr. Allen Hunt's book: *The 21 Undeniable Secrets of Marriage*. Quotes from his book will be in bold and my commentary will be in regular font.

04. **The Secret of Bedrock:** for a marriage to work it is important to share everything, including the deepest values in your heart.

“What is the secret of bedrock? Prayer. Prayer that leads to a spiritual life together as a couple. A spiritual life together then will give you the same values and convictions in your heart so that the two of you are driving your relationship in the same direction at the same time in all settings. A deep melding will bind you together as a couple, and that bond will sustain you in ways you can never anticipate at the beginning. You shared spiritual life will serve as the mortar between the bricks of your home, pulling all the various parts together and holding them together as a unified whole.

The following is the Prayer Process that Dynamic Catholics suggests:

- 1). **Gratitude:** Begin by thanking God in a personal dialogue for whatever you are most grateful for today.
- 2). **Awareness:** Revisit the times in the past twenty-four hours when you were and were not the best-version-of-yourself. Talk to God about these situations and ask him to give you the gift of greater awareness when similar situation arise in the future.
- 3). **Significant Moments:** Identify something that you experienced today and explore what God might be trying to say to you through that event.
- 4). **Peace:** Ask God to forgive you for any wrong you have committed (against yourself, another person, or Him) and to fill you with a deep and abiding peace.
- 5). **Freedom:** Talk to God about how He is inviting you to change your life so that you can experience the freedom that comes from knowing that who you are, where you are, and what you are doing make sense. Is He inviting you to rethink the ways you do things? Is God asking you to let go of something or someone? Is He asking you to hold on to something or someone?
- 6). **Pray For Others:** Pray for those who you feel called to pray for today, and those who have asked you to pray for them recently. Take a moment and pray for these people by name, asking God to bless and guide them.
- 7). **Finish by praying the Our Father.**

I can only imagine how strong a relationship would become if people felt free to pray the previous method out loud knowing that the person with them was going to respect and treasure the experience of watching the other pray.

Couple Prayer Method

The best method I have found for praying with your spouse is as follows. Step 1: Husband prays “Dear God I thank you for my wife (insert name) because (name two or three qualities that you appreciate). Help me become a better husband by (name two or three things/areas of your life that you need to improve). Step 2: Wife prays “Dear God I thank you for my husband (insert name) because (name two or three qualities that you appreciate). Help be become a better wife by (name two or three things/areas of your life that you need to improve). Step 3 (Optional) Thank God for each child making sure to give a reason why you are grateful. Step 4: end by praying the Our Father together. Praying this way helps spouses know that they are loved and appreciated and that their spouse is still striving to be a better person.

05. **Marriage is a garden, not a fruit stand.** You have to tend it.

They (marital researchers) look for a 5:1 ratio of positive to negative interactions. A 5:1 ratio as the couple relates to one another. Positive interactions include simple things such as a smile, a touch on the arm, looking directly into your partner's eyes, paying attention to what he or she says, saying thank you, sharing a quick hug or a giggle. Negative interactions include rolling the eyes, turning a cold shoulder, a dismissive harrumph, a mocking chuckle, or failing to listen to or acknowledge what your spouse is saying.

It is easy to create negative situations. Positive situation are much harder to create. It requires thought to be thoughtfulness.

HELP NEEDED!!! *Fish Fry vacancies that need immediate filling:*

We need your help filling some very important Fish fry vacancies.

- We are in need of someone to make Coleslaw on Thursdays; this job takes about 1-1/2 hour
- We are also in need of a Fish Fryer; this job takes place on Fridays from 3-7 pm
- Lastly, we need a volunteer to mop the gym floor after fish fry; this job takes place on Fridays from 7-8 pm

Please call Monica Hunyar, 781-2276 or Trish at the parish office, 314-781-1199 if you are able to help.



LITURGIES & SCHEDULES

MASS INTENTIONS FOR THE WEEK

First Sunday of Lent, February 14, 2016

- 8:00 am Parishioners
- 10:30 am Sherry Mosely (*Special Intentions*)

Monday, February 15

- 8:00 am Margaret Huemann

Tuesday, February 16

- 8:00 am Morning Prayer
- 5:30 pm Deceased Members of the Thien Family

Wednesday, February 17

- 8:00 am Jay LeBlanc

Thursday, February 18

- 8:00 am Emmie Freber

Friday, February 19

- 8:00 am Michael Bourke

Saturday, February 20

- 8:00 am Special Intentions CW
- 5:00 pm Elizabeth "Betty" Eschelbach

Second Sunday of Lent, February 21

- 8:00 am Parishioners
- 10:30 am Dora Newman

The parish business office will be closed on Presidents' Day - Monday, February 15, 2016.

READINGS FOR THE WEEK OF FEBRUARY 14, 2016

- Sunday: Dt 26:4-10/Ps 91:1-2, 10-15/Rom 10:8-13/Lk 4:1-13
- Monday: Lv 19:1-2, 11-18/Ps 19:8-10, 15/Mt 25:31-46
- Tuesday: Is 55:10-11/Ps 34:4-7, 16-19/Mt 6:7-15
- Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
- Thursday: Est C:12, 14-16, 23-25/Ps 138:1-3, 7-8/Mt 7:7-12
- Friday: Ez 18:21-28/Ps 130:1-8/Mt 5:20-26
- Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
- Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-9, 13-14/Phil 3:17--4:1 or 3:20--4:1/Lk 9:28b-36

OUR OFFERING FOR THE WEEK OF FEBRUARY 14, 2016

Sunday Collection

General Fund.....	\$6,097.00	
General Fund Loose	\$200.44	
General Fund <i>Online</i> ..	\$2,279.00	
Total	\$8,576.44	
Candlemas Day.....	\$139.00	
Easter Flower	\$181.00	
Maintenance & Repair ..	\$424.00	
M&R <i>Online</i>	\$90.00	
Votive	\$83.00	
St. Louis Review	\$30.00	
SVDP <i>Online</i>	\$95.00	
Debt	\$147.00	
Debt <i>Online</i>	\$90.00 \$1,460.00(YTD)
Tuition Assistance	\$69.00	
Tuition Assist <i>Online</i>	\$50.00\$681.00(YTD)
Endowment Fund	\$\$(YTD)



OUR PARISH THIS WEEK

Monday - Saturday February 15-20

- 7:30 am - Rosary, Church

Sunday, February 14

- 9:00 am - Bible Study, AR
- 9:15 am - Little Lambs, RBF
- 9:15 am RCIA, CMR
- 10:30 am - Liturgy with Children, RBB

Monday, February 15 President's Day Parish Office/GSA Closed

- 5:30 pm - Fit Factor, UH
- 7:00 pm - Boy Scouts, Upper Hall

Tuesday, February 16

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 6:30 pm - Blue Knights, Little Flowers & Chosen, UH
- 6:30 pm - Pillars of the Faith, CMR
- 8:00 pm - Forgiveness Classes, CMR

Wednesday, February 17

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 9:00 am - Forgiveness Classes, CMR
- 5:30 pm - Fit Factor, UH
- 6:30 pm - Bells Practice, Church
- 7:30 pm - Choir Practice, Church

Thursday, February 18

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 7:30 pm - Prayer Group, Church

Friday, February 19

- 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
- 7:00 am - 5:00 pm - GSA, Gym
- 3:30-6:30 pm - Dance, UH
- 4:30-7:00 pm - Fish Fry, Gym

Saturday, February 20

Sunday, February 21

- 9:00 am - Bible Study, AR
- 9:15 am - Little Lambs, RBF
- 9:15 am RCIA, CMR
- 10:30 am - Liturgy with Children, RBB

PLEASE PRAY FOR THE HOMEBOUND & SICK OF OUR PARISH

Ethan Strauss	Ethan Sonderman	Mary Hipskind
Pat Wallis	Chris Perron	Dominic Caputa
Daniel Barr	Mary Beth McGrath	Christine Weber
Kathy Nielson		

PARISH COMMUNITY NEWS, NOTES & EVENTS

Ladies Guild News Our monthly card social will be held on Monday, February 15th at 10:00 am in the Assumption Room.

The regular meeting will be held on Wednesday, February 24th at 11:30 am in the Assumption Room. We will be serving soup, dessert, and refreshments. This month we will celebrate birthdays in the months of January, February and March. For our entertainment we will play "Rob your Neighbor". Please bring a \$1.00 gift that is wrapped.

LIFE TEEN Attention all highschoolers! Join us this Wednesday, Feb. 17th for Misericordia: Forgiveness and Mercy. Snacks, prayer, and community provided! As always, we will meet from 7-9pm at Bishop DuBourg High School. Please see www.saintlouislifeteen.org for more information.

Fatima Eucharistic Vigil of Reparation Friday, March 4th. When Our Lady appeared at Fatima she requested that we pray the rosary every day, make sacrifices for sinners and offer prayers of Eucharistic Adoration. *What better way to honor her request during this Lenten season than to make a vigil of reparation.* On the first Friday of each month the World Apostolate of Fatima sponsors a Eucharistic Vigil at Cure of Ars Church, 670 Laclede Station Rd. The vigil begins at 7 pm and Mass is offered at 8 pm, confession, Eucharistic procession, rosary and various prayers are said. Vigil ends at 12 midnight. Make time each month to join in the vigil. This way you will respond to Our Lady's request to pray for the conversion of sinners. For more information call 314-562-5927.

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Pro-life "Jesus is with us every step of the way, giving us the grace we need. God invites us to embrace the lives we have been given, for as long as they are given. Every life is worth living."-2015-16 Respect Life Program Flyer www.goo.gl/yadtw USCCB Secretariat of Pro-Life Activities

Thank you for all the 2016 calendars and date books. They are brightening & organizing the lives of many in institutions and outreach centers. God bless you for your generosity! And thanks to Mary Stahl for her assistance in this project! Catie Shinn

Trivia Night Get your friends together for an easy reunion and lots of FUN! Use your wits at the Annual Trivia Night benefiting Missouri Chapter, United States Association for the Blind Athletes at Epiphany gymnasium on Saturday, April 9, 2016. Doors open at 6:00 pm; game starts at 7:00 pm. Cost is \$20 per person, tables of 8. Reservations due by April 1st. Beer and soda provide. For more information call Tom Culliton at 314-647-0093. *Mo. Chapter, Inc.-United States Association for Blind Athletes provides athletic opportunities for adults and youth with visual impairments and blindness.

St. Ambrose Middle School Trivia Night

Attention all Middle School Students! Join us for a night of fun with your friends and a chance to show off your trivia knowledge! St. Ambrose will host a Middle School Trivia Night for 6th, 7th, and 8th grade students on Saturday, February 27, 2016 at St. Ambrose School. Doors open 6 pm and trivia begins at 6:30 pm. For more information and reservations visit www.school.stambroseonthehill.com. Go to the events section of the Blog to print a flyer and reservation form.

"Experience Wanted" Was your son a Cub Scout or Boy Scout? Has he outgrow his uniform? The Scouts are looking for 'experienced' Scout uniforms. Please bring your 'experienced' uniforms to Church and place them in the box located at the entrance of Church. These will be used to help put our current Scouts in uniform. Thank you, Leaders of Pack and Troop 281.

Mark your calendars for our upcoming Lenten Fish Fry Dates: Fridays-February 19th & 26th and March 4th & 11th.



Donations Needed "Sister Chris is in need of medical planners and/or pill finders, of any size. If you have any (new or used), please leave them on the back porch of the convent at your convenience. Sister Chris is grateful for everyone's outreach and support to her clients at Places for People." We are also in need of small(er) plastic containers (like those used for laundry detergent) to help our clients safely discard their insulin needles. Container donations can also be dropped off on the convent back porch. Thanks for your support!!!

Lights, Camera, Auction! The sister of the most precious blood invite you to an evening of Glitz and Glamour at their 23rd Annual Dinner Auction. Saturday, March 19, 2016 at 5:30 pm at the Old Hickory Golf Club, #1 Dye Club Drive-St. Peters, MO. Dress the part and walk the red carpet. Have your picture taken by the paparazzi. www.cpps-ofallon.org 636-240-6010.